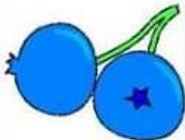
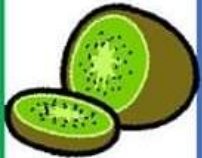


## Frozen yoghurt snacks



### Ingredients

- Greek Style yoghurt (300g)
- Honey (2-3 Dessert spoons)
- Vanilla essence (1 drop)
- Fruit:- Strawberries, Kiwi, Blueberries  
or
- Any fruit of your choice



### Equipment

- Baking tray (24cm)
- Dessert spoons
- Knife
- Chopping board
- Fork
- Mixing bowl
- Greaseproof paper



### What to do:

1. Line baking tray with greaseproof paper
2. Chop your chosen fruit and mash a strawberry into a puree
3. Mix the Greek yoghurt, honey and vanilla together in a bowl until combined
4. Pour yoghurt into baking tray
5. Spread strawberry puree over the yoghurt with fork or knife
6. Decorate with fruit
7. Freeze for 2-3 hours or longer if needed
8. Enjoy now or store in a freezer bag for upto 1 month

### Why not try:

- A variety of different fruit such as tinned or fresh
- Peach puree by mashing tinned or fresh peaches or even jam
- Adding nuts e.g. walnuts, pistachios for an extra crunch
- Adding cereal such as granola
- Turning your fruity yoghurt into refreshing lollies by using lolly moulds instead

